

# Make lavender scented pillows

## Collect from around your home

- Fabric of your choice
- Embroidery hoop
- Embroidery needle
- Embroidery thread in two shades of purple and two shades of green, approx. 10 centimeters ribbon for hanging (or any colours of your choice)
- Sewing needle and thread or sewing machine
- Dried lavender flowers

### Step 1

Lightly draw lavender flowers with a pencil onto the fabric, as this will act as your embroidery guide. Your pillow will be around 11x11cm when complete, so make sure your design is no more than about 9x9cm.

### Step 2

Embroider the stems with the darker shade of green using a stem stitch. Embroider the leaves with a lighter green using the daisy stitch. Embroider the lavender flowers using the wrap stitch. Continue embroidering flowers until you have a panicle. Using two different thread colours for the flowers will create a really nice design.

### Step 3

Now cut your embroidered fabric and a second piece, each to 13x13cm, keeping your design in the center. Your finished pillow is 11 x 11 centimeters (with seam allowance each piece should be 13x13cm). Sew the two pieces of fabric right-side to right-side, leaving an opening on the top. Pull the pillow right-side out and iron it. Pour in the dried lavender flowers, insert the ribbon for hanging into the opening, then sew up the hole.

### Tip

You can dry lavender yourself by hanging bunches of flowers upside down in a dry and dark place. The flowers lose their colour in the sun.